

**Arbour Energy Inc.**  
**Trading Symbol CNQ Exchange – “ARBR”**

**PRESS RELEASE**

Calgary, Alberta: July 21, 2005 – Arbour Energy Inc. (“Arbour” or the “Company”) announces that it has been requested by regulatory authorities to issue a press release in response to increased market activity in its stock. While the Company is in negotiations to acquire additional oil and gas assets, there are no unannounced agreements at this time. The Company is not aware of any material change in its affairs that has not already been disclosed.

Arbour is a Calgary based oil and gas exploration and development company, with a focus on both conventional exploration and development of oil and natural gas and the use of proprietary technology to recover oil from waste sand in an environmentally and economically efficient manner.

For further information contact Dennis Morice, President at:

**Arbour Energy Inc.**  
540, 1212 – 31 Avenue NE  
Calgary, Alberta, T2E 7S8  
Telephone: (403) 250-9866 Fax (403) 250-8277  
e-mail: arbr@safe-mail.net